



TOOL A - Ono
ONOTHERAPY EVALUATION QUESTIONNAIRE
Professionals

Psychologist code (2) _____

Name _____ Surname _____ Patient code (1) _____

Evaluation (5):

- 1st evaluation
- 2nd evaluation
- 3rd evaluation
- 4th evaluation
- 5th evaluation

Initial age (3) _____

Diagnosis (4) _____

(6) Duration of treatment:

- Less than 6 months
 - More than 6 months
 - More than 1 year
- specify, many (7) _____

(8) Phases:

- Approach, contact and conduction using the lounge
- Interaction with the donkey
- Capacity to obtain a response from the donkey



A) AUTONOMY AREA

A. GENERAL AUTONOMY

A.1 Does s/he take care of his/her belongings?

- Never
- Sometimes
- Often
- Always

A.1.1 Does s/he dress appropriately?

- Never
- Sometimes
- Often
- Always

A.1.2 Can s/he recognize the places of reference?

- Never
- Sometimes
- Often
- Always

A.1.3 Does s/he properly use riding school's spaces?

- Never
- Sometimes
- Often
- Always

A.1.4 Does s/he manages the donkey independently?

- Never
- Sometimes
- Often
- Always

A.1.5 Does s/he manage his/her own physiological needs autonomously?

- Never
- Sometimes
- Often
- Always



A. SOCIAL AUTONOMY

A.2 Can s/he recognize the different roles?

- No
- Yes, the reference person only
- Yes, the reference person and trainer only
- Yes, everyone

A.2.1 Does s/he behave following social rules and habits?

- Never
- Sometimes
- Often
- Always

A.2.2 Does s/he greet when upon arrival?

- No
- Yes, sometimes
- Yes, only to respond
- Yes, spontaneously

A.2.3 Does s/he greet when leaving?

- No
- Yes, sometimes
- Yes, only as a response
- Yes, spontaneously



B. MOTOR-PRAXIS AREA

B. POSTURE – BALANCE: STATIC/DYNAMICAL

B.1 Can s/he keep an upright posture?

- No
- Yes

B.1.2 Does s/he keep a static balance on the ground?

- Never
- Sometimes
- Often
- Always

B.1.3 Does s/he keep a dynamical balance on the ground?

- Never
- Sometimes
- Often
- Always

B. POSTURAL STEPS

B.2 Does s/he successfully change the posture in order to clean and prepare the donkey?

- Never
- With help
- With little help
- Independently

B. MAKE SIMPLE AND COMPLEX HAND-EYE COORDINATION ACTIVITIES

B.3 Can s/he perform simple tasks during caring?

- Hold the lounge (B.3.1)
- Hold the brush (B3.11)
- Use the brush (B.3.12)

B.3 Can s/he perform complex tasks during caring and harness?

- Tie the rein (B.3.2)
- Clean the hooves (B.3.21)
- Tie the girth (B.3.22)



Onotherapy Evaluation Questionnaire – Professionals

- Hold the lounges (B.3.23)

B. BODY IMAGE

B.4 Can s/he correctly indicate parts of his/her own body?

- Never
- With a lot of help from the operator
- With a little help from the operator
- Spontaneously

B. LATERALIZATION

B.5 Acquired lateralization

- No
- Yes

B. USE OF MOVEMENT

B.6 Is the use of the movement purposeful?

- Never
- Sometimes
- Often
- Always

B.6 Is the use of the movement functional?

- Never
- Sometimes
- Often
- Always



C. NEURO-PSYCHOLOGICAL AREA

C. ATTENTION

C.1 Is s/he able to differentiate the relevant from the irrelevant stimuli?

- Never
- Sometimes
- Often
- Always

C.1.1 Can s/he pay attention to several stimuli simultaneously?

- Never
- Sometimes
- Often
- Always

C.1.2 Is s/he able to keep the attention for the time required to perform a task?

- Never
- Yes, for a simple task (one action)
- Yes, for a task of moderate complexity (two actions)
- Yes, for a complex task (three, four actions)

C. MEMORY

C.2 Does s/he remember a sequence of actions suggested by the operator?

- Never
- Sometimes
- Often
- Always

C.2.1 Does s/he remember sequences of action suggested in previous meeting?

- Never
- Sometimes
- Often
- Always

C.2.2 What kind of strategy does s/he use for the mnemonic recall?

- S/he is not able to recall, needs supervision
- S/he observes equal peers or asks adults for help and suggestions during each phase of the action



- S/he observes equal peers or ask adults for help for a only for initial suggestion
- No alternative strategy (able to recall)

D. AFFECTIVE-RELATIONAL AREA

D. SELF ESTEEM

D.1 S/he presents a level of self esteem:

- Inadeguate
- Adequate

D. TOLERANCE TO FRUSTATION

D.2 Does s/he tolerate frustration during the performance?

- No
- Yes, if motivations are given and with emotional support
- Yes, if motivations are given
- Yes

D.2.1 Does s/he reacts to frustration properly?

- Yes
- No

D. MOOD

D.3 Mood state?

- Unstable
- Poor responsiveness to events
- Excessive responsiveness to events
- Appropriate to the events

D. MOTIVATION

D.4 Does s/he agree to participate in activities planned?

- Never
- Sometimes
- Often
- Always



D.4.1 Is s/he consistent in carrying out the activities undertaken?

- Never
- Sometimes
- Often
- Always

D. RELATIONSHIP WITH THE EQUESTRIAN INSTRUCTORS

D.5 Does s/he accept to interact with the equestrian instructors from the riding school?

- Never
- With a lot of help from the operator
- With a little help from the operator
- Spontaneously

D5.1 Does s/he agree to interact with the operator who supports him/her in working with the donkey?

- Never
- With a lot of help from the others
- With a little help from the others
- Spontaneously

D. RELATIONSHIP WITH THE PEERS

D.6 Does s/he accept to interact with his/her peers?

- Never
- With much help from the operator or equal peers
- With little help from the operator or equal peers
- Spontaneously

D.6.1 Does s/he participate to group activities?

- Never
- With much help from the operator or equal peers
- With little help from the operator or equal peers
- Spontaneously

D.6.2 What role does s/he play in the group?

- Negative leader or lonely
- Gregarious



- Integrated
- Positive leader

D.6.3 What role does s/he play in relationship with the others?

- Isolated
- Dependent
- Collaborative
- Capacity of initiative

D. RELATIONSHIP WITH DONKEY

D.7 Does s/he approach and relate with donkey?

- Never
- Sometimes
- Often
- Always

D.7.4 If yes, in which way?

- Inhibited
- Impulsive
- Hyperactive
- Balanced

D.7.5 Relationship with the donkey during time:

- Absent
- Continued
- Discontinuous
- Constant

D. ADAPTATION TO RULES

D.8 Does s/he adapt to the rules of surrounding environment?

- Never
- Sometimes
- Often
- Always



D. RELATIONAL STYLE

D. Relational style:

- Impulsive (D.9.1)
- Dependant (D.9.2)
- Reflexive (D.9.3)
- Autonomous (D.9.4)



E. COGNITIVE AREA

E. SEQUENCES EXECUTION

E.1 Does s/he execute figures suggested by operator?

- Never
- Yes, with a lot of help
- Yes, with a little help
- Yes, autonomously

E. VERIFY AND CONTROL

E.2 Is s/he able to verify and control his/her own performance?

- Never
- Yes, with a lot help
- Yes, with a little help
- Yes, autonomously

E. PROBLEM SOLVING

E.3 Is s/he able to solve the problems happening during donkey's management?

- Never
- Yes, with a lot of help
- Yes, with a little help
- Yes, autonomously

E. BODY IMAGE OF THE DONKEY

E.4 Can s/he recognize body parts of the donkey including their spatial position?

- Never
- Yes, with a lot of help
- Yes, with a little help
- Yes, autonomously



F. COMMUNICATION AREA

F.1 Has s/he communicative intent?

- Never
- Sometimes
- Often
- Always

F.2 Does s/he understand simple verbal messages?

- Never
- Only with clear gestures
- Only facial gesture
- Yes

F.2.1 Does s/he understand complex verbal messages?

- Never
- Only with clear gestures
- Only facial gesture
- Yes

F.3 Can s/he produce verbal message?

- No
- Only one word
- Subject/verb
- Complete sentence

F.4 Can s/he follow simple verbal instructions?

- Never
- Only by imitating others (with a lot of help)
- Only if in contest
- Yes, autonomously



F.4.1 Can s/he follow complex verbal instructions?

- Never
- Only by imitating others (with a lot of help)
- Only if in contest
- Yes, autonomously

F.5 Is s/he able to express himself/herself with gestures?

- No
- Yes, if stimulated
- Yes, only with facial gesture
- Yes, with the whole body

F.6 Does s/he understand non-verbal messages?

- Never
- Only with clear gestures
- Only facial gesture
- Yes

F.7 Is s/he able to maintain a non-verbal interaction?

- No
- Yes, if stimulated
- Yes, only facial gesture
- Yes, with whole body

F.8 Can s/he describe the experience with the donkey by gestures?

- Never
- Only if asked and with help
- Only if asked
- Yes, spontaneously